



## Connecting to Yourself: Your Spiritual Identity

Have you ever wondered what your soul's identity is? Come and explore! Through hands-on activities, conversation, and moments of reflection & meditation, this workshop we will dive into the intersection of spirituality and identity. Facilitated by Carlene Gardner, Unitarian Universalist faith leader at the Multi-faith and Spirituality Centre, and Chloe Hart, student and Unitarian Universalist young adult.

**EXPIRES**

MAR 28 2017

**When:** Monday, March 27, 6-8 pm

**Where:** Multi-faith and Spirituality Centre (2090 Mackay, Z-05)

**Registration required:** [ellie.hummel@concordia.ca](mailto:ellie.hummel@concordia.ca)